



EUROPEAN ZEN CENTER

ZEN-EVENT IN NOVEMBER WITH ZEN-MASTER JOMON

**ZEN MEDITATION WEEKEND
28 & 29 NOVEMBER 2015**

SATURDAY 28 NOVEMBER,
FROM 08:00 - 22:00 HOURS
4 x Zazen - at 08:00, 11:00, 17:00
and 20:30 hrs

SUNDAY 29 NOVEMBER
FROM 08:00 - 13:30 HOURS
2 x Zazen - at 08:00 and 11:00 hrs

Price for the whole weekend:
€ 70 / € 50
(incl. all meals and possibility to overnight stay)

Master Jomon, bodhisattva since 1980, received the dharma transmission from master Kosen in April this year. She is a zen master in the Soto tradition of Dogen. In zen she discovered an open minded practice, where the diversity of the practitioners supports one another. The silence of the practice of zazen, carries within a space for the self, which helps us to refocus and put our daily lives back into tune.

**EUROPEAN ZEN CENTER
VALCKENIERSTRAAT 35, 1018XD AMSTERDAM - TEL: 020 6258884
REGISTRATION, INFORMATION AND SCHEDULE: WWW.ZEN-DESHIMARU.NL**

