

ZEN

A stylized illustration of a Zen Buddhist monk. The monk is depicted from the waist up, seated in a meditative posture. He has a shaved head and is wearing a dark green robe with a white collar and a red circular seal on the chest. He is holding a white, curved object, possibly a scroll or a piece of fabric, in front of him. The background is a soft, warm-toned wash of colors, suggesting a natural setting like a field or forest. The overall style is clean and modern, with bold outlines and a limited color palette.

Campo de otoño

Temple Yujo Nyusanji

Sesshin dirigida por el monje

Paul Doku Zan Loomans

Del 29 octubre al 31 octubre 2022

www.zen-deshimaru.com